

Muaj ib txhia neeg ntseeg hais tias yog mob kheej xawj (cancer) lawm ces kawg yuav tsum tuag xwb, tabsis qhov no tsis yog li no tag mus li. Muaj neeg coob leej coob tus muaj txoj sia nyob ntev, muaj lub neej noj qab nyob zoo tom qab lawv tau txais kev kho mob kheej xawj tas. Ua ke ntawd tsoom tub txawj ntse tau pom tias cov neeg muaj mob kheej xawj es tsis tuag tseem yuav coob zuj zus mus ntxiv rau ntau xyoo yav tom ntej no. Qhov ua rau kev sim ntsuam xyuas zoo ntiv (kev tshawb xyuas kab mob kheej xawj ua ntej thaum tus yam ntsuv mob tseem tsis tau tshwm sim), kev nrhiav pom thaum tseem ntxov (kev nrhiav pom kheej xawj thaum ntxov uas nws tseem me thiab tsis tsim teebmeem dabtsi), thiab kev kho mob kheej xawj yog qhov ua rau muaj neeg tuaj yeem muaj txoj xia nyob coob ntxiv zuj zus rau txhia lub xyoo. Ib qho tseem ceeb heev rau kev ua kom muaj txoj sia nyob vim tau muaj kheej xawj yog kev nrhiav paub thaum tseem ntxov. Yim nrhiav paub txog tus kab mob ntxov npaum lidas, yim huab yog qhov zoo kom muaj txoj sia nyob tau ntev mus ntxiv tom qab muaj mob kheej xawj lawm. Lintawd, yeej meem nrog koj tus kws kho mob sib tham txog kev sim ntsuam xyuas mob, thiab nug txog tej yam ntxwv qhia kom paub hais tias yog hom mob kheej xawj dabtsi. Nco ntsoov hais tias, nws muaj peev xwm ua kom tus tau mob kheej xawj muaj txoj sia nyob mus ntxiv tau!

Some people believe that having cancer means they will die, but that is not always true. Many people live long, healthy lives after they have cancer treatment. And scientists expect the number of cancer survivors to increase over the coming years. Improvements in screening tests (examinations that look for cancer early before symptoms), early detection (finding the cancer early when it is smaller and not causing any problems), and cancer treatment are things that allow more people to live following cancer each year. One very important part of surviving cancer is finding it early. The earlier the disease is diagnosed, the better chances are for living a long life following a cancer. So, talk with your doctor about screening tests, and ask about the warning signs of different types of cancer. Remember, it is possible to survive cancer!