THIS IS WHAT A HEART ATTACK FEELS LIKE TO A WOMAN.

CHEST PAIN, DISCOMFORT, PRESSURE OR SQUEEZING, LIKE THERE'S A TON OF WEIGHT ON YOU

UNUSUAL UPPER BODY PAIN, OR DISCOMFORT IN ONE OR BOTH ARMS, BACK, SHOULDER, NECK, JAW OR UPPER PART OF THE STOMACH

BREAKING OUT IN A COLD SWEAT

LIGHT-HEADEDNESS OR SUDDEN DIZZINESS

NAUSEA

UNUSUAL FATIGUE

SHORTNESS OF BREATH

If you experience any one of these symptoms, don’t make excuses for them.

Make the Call. Don’t Miss a Beat.

To learn more, visit WomensHealth.gov/HeartAttack