

## Department of Radiology

### INFORMATION FOR ABDOMINAL ULTRASOUND EXAMINATION

Ultrasound employs high-frequency sound waves to examine the internal structures of your body. It is similar to "SONAR" where sound waves allow ships to look at the ocean's bottom. The examination is not painful. After more than 25 years of routine use, ultrasound has not been shown to cause harm to adults or unborn children.

To examine your abdominal organs, it is desirable that as little gas as possible be present in your bowel. To help accomplish this, please:

1. Stop chewing gum for two days prior to the examination.
2. No carbonated beverage for two days prior to the examination.
3. No cigarettes on the day of the examination.
4. Have nothing to eat or drink, except water, black coffee, or tea (no sugar or cream) for 12 hours prior to the examination.

Your examination is scheduled for:

\_\_\_\_\_ at \_\_\_\_\_ a.m./p.m.  
Date Time

PLEASE BE ON TIME!!! Call \_\_\_\_\_, if you are going  
(Phone No.)  
to be late or need to reschedule your appointment or have any questions.

Thank you