

## Hay'adda Raajada

### **AQBAARTA KU SAABSAN BARITAANKA RAAJADA ULTRASOUNDKA EE CALOOSHA (KILYAHA, BAARKA, BAARKA YARAHA, XAMEETIGA IYO QANJIRKA ISBALEEN (SPLEEN))**

Qalabka raajada ultrasoundka ayaa ku shaqeeyo hirar codeed oo aad u sareeya si loogu baaro xubnaha jirkaaga gudahiisa. Waxaa ay la mid tahay SOONAARKA oo u ogolaada maraakiibta in ay eegaan bada hoosteeda. Baaritaanka ma laha xanuun. Ka dib markii la isticmaalay 25 sano, ultrasoundka ayaa la ogaaday in uu geysan wax dhibaaato ah dadka waaweyn iyo caruurta aan weli dhalan.

Si loo baaro xubnaha caloosha, waxa aad looga maarmin inta ugu yar ee neefta (gas) kaaga jirto saxaradda caloosha. Taasi waxay cawineeysaa baaritaanka, fadlan.

1. Ha calaanjin xanjo labo maalin ka hor inta aan baarida lagugu sameyn.
2. Ha cabin wax aashito leh sida kooka kolada labo maalin baarida ka hor.
3. Sigaar ha cabin maalinta baarida.
4. Waxba ha cunin hana cabin inta aan ka aheyn, biyo, qaxwo madow, ama shaah(oon sokor ama caano laheyn) laba iyo toban saac inta baarida ka horeysa.

Jadwalka baaritaanka waa sidaan:

\_\_\_\_\_ oo ah \_\_\_\_\_ gh/gd  
Maalinta Saacada

FADLAN KU IMAAW WAQTIGA !!! Soo wac \_\_\_\_\_,hadii  
(Taleefoonka No.)

aad soo daahi doonto ama aad u baahan tahay in dib aad balanta ugu dhigato ama aad wax su'aalo ah aad qabto.

Mahadsanid

## Department of Radiology

### INFORMATION FOR ABDOMINAL ULTRASOUND EXAMINATION (KIDNEYS, LIVER, PANCREAS, GALL BLADDER, SPLEEN)

Ultrasound employs high-frequency sound waves to examine the internal structures of your body. It is similar to "SONAR" where sound waves allow ships to look at the ocean's bottom. The examination is not painful. After more than 25 years of routine use, ultrasound has not been shown to cause harm to adults or unborn children.

To examine your abdominal organs, it is desirable that as little gas as possible be present in your bowel. To help accomplish this, please:

1. Stop chewing gum for two days prior to the examination.
2. No carbonated beverage for two days prior to the examination.
3. No cigarettes on the day of the examination.
4. Have nothing to eat or drink, except water, black coffee, or tea (no sugar or cream) for 12 hours prior to the examination.

Your examination is scheduled for:

\_\_\_\_\_ at \_\_\_\_\_ a.m./p.m.  
Date Time

PLEASE BE ON TIME!!! Call \_\_\_\_\_, if you are going  
(Phone No.)  
to be late or need to reschedule your appointment or have any questions.

Thank you