There are many different kinds of medical tests and they require different kinds of preparation. For example, some tests require fasting while other tests do not. Talk to your doctor about the test preparation that is right for you.

Stool Sample Collection

Unfold white paper. Put inside toilet bowl on top of the water.	
Have a bowel movement. Stool will be on top of the paper. Twist and lift off the green cap. Pull out the stick.	Nome Age Date Lot:
Take stool sample before paper falls and stool touches water. Scrape stool with the stick.	STOOL
Make sure the grooved part of the stick is covered with stool sample.	STOOL SAMPLE
Put stick back in bottle. Screw the green cap on tight. Do not reopen. Flush toilet. White paper will not harm plumbing.	Action of the state of the stat
Put bottle and lab requisition in plastic bag and return to lab.	100 mm m m m m m m m m m m m m m m m m m

