

Damee Raadiyoolojii

Beeysissa Baalamma qorrannoo Maamoograam (Mammogram)

Mamoograamin ifaa xiqqaa (breast x-ray) golfee (naqarsa) harmmaa ka barbaadee argatuu. Gariin golfa kanaa xiqeena irra ka ka'ee homuu namatti hin dhagayamu. Qoranoon kuni cinaa sa'aa fudhata, qophaayulle ni feesisa.

Yaadadhuu:

1. Waan bobaa jalatti dibattu hin dibatin
2. Waan akka gurdii fi shaamizi ykn surreefi shaamizi uffadhu , maalif yoo jette waan mudhii olii hin baafatta.

Maamoograamin yeroo hedduu nama hin dhukubsu, garuu yoo harmma kee gadi qabne waa xiqqoo nama itti hin tolu. Qorannoo kana booda, baati baatin harma kee matuma keetin qorachuu qabda. Waan kana beekuf jijjirama harmmi kee godhe jala deemi. Hidda harmma keeti ka nagayaa yoo beeyte, jijjirama si itti dhufu hundaa hin beeyta. Dhiita harmma yeroo heddu dubrtoonni offumaaf ofirratti argu. Kanaafuu. Harmma kee baati irra qorannoo mataa keetii godhuuni barbaachisaa dha, yeroon uf irratti arguuf.

Baallama kee yoo tiyssu hin dandeenne, yaboo ykn hadaraa bilbili _____

(Lakkoobsa bilbilaa)

Guyyaa baallamaa: _____

Sa'aa baallamaa : _____

Yoo ka turttu taate ykn baalama biraa yoo barbaade, Yaboo bilbili

(lakkoobsa bilbilaa)

Department of Radiology

INFORMATION FOR PATIENTS SCHEDULED FOR A MAMMOGRAM

A mammogram is a low-dose breast x-ray that can identify breast cancers, some even too small to be felt. The exam usually takes about 30 minutes and does require some preparation.

REMEMBER:

1. Do not put on any deodorant or powder before your exam.
2. Try to wear a two-piece outfit (i.e. skirt and blouse or pants and blouse) because you will need to remove everything from the waist up.

Mammograms usually do not hurt, but it can be uncomfortable when we compress your breasts. After your mammogram, it is important to follow up with monthly breast self-exams. It is important for you to be familiar with your own breasts. After you learn how your normal breast tissue feels, you will be able to recognize a change if one occurs. Most breast lumps are first discovered by women themselves; therefore, doing monthly breast self-exam is a very important part of early detection.

If you are unable to keep your appointment, please call _____.
(Phone No.)

Appointment Date: _____

Appointment Time: _____

Please call _____, if you are going to be late or need to reschedule your appointment or have any questions.