Pelvic/Obstetrical Ultrasound Information
Tigrinya
Translation Reviewed August, 2003
Ultrasound employs high-frequency sound waves to examine the internal structures of your body. It is similar to “SONAR” where sound waves allow ships to look at the ocean’s bottom. The examination is not painful. After more than 25 years of routine use, ultrasound has not been shown to cause harm to adults or unborn children.

To examine the pelvic organs, a full urinary bladder is necessary. Therefore, starting one hour prior to your appointment, drink at least four 8 oz. glasses of water. **DO NOT** empty your bladder before the examination begins.

**REMEMBER:**
1. Drink plenty of water.
2. Do not empty your bladder.
3. Please be on time.

Your examination is scheduled for:

_________________________ at ______________________ a.m./p.m.

Date Time

**PLEASE BE ON TIME!!!** Call ________________, if you are going to be late or need to reschedule your appointment or have any questions. Thank you.