

## Hay'adda Raajada

### **AQBAARATA DADKA BUKAANKA LOO DIYAARINAAYO RAAJADA ULTRASOUNDKA DHALIDA AMA SIMANKA (UGXANTA, ILMA-GALEENTA IYO QAABKQ DHISMAHA SIMANKA)**

Ultrasoundka ayaa ku shaqeysa hirar codad sar sare si loogu baaro xubnaha jirka gudahooda. Waxa ay la mid tahay SOONAARKA oo hirar codka u ogolaada maraakiibta in ay eegaan hoosta bada. Baarida ayaan laheyn wax xanuun ah. Ka dib markii la isticmaalaya 25 sano, ultrasoundka **AYAANA WAX** dhib u geysan dadka waaweyn iyo caruurta aan weli dhalan.

Si loo baaro xubnaha simanka, waxaa loo baahan yahay in kaadi haysta ay buuxdo. Sidaa darteed, ka hor hal saac inta ka horeysa balankaaga, cab afar koob oo biyo ah 8 oz. **HA KAADIN** inta ka horeysa baaritaanka.

#### XASUUSNOOW:

1. Cab biyo fara badan
2. Ha kaadin
3. Ku imaaw waqtiga balankaaga

Jadwalka baaritaanka waa sidaan:

\_\_\_\_\_ oo ah \_\_\_\_\_ gh/gd  
Maalinta Waqti

**FADLAN KU IMAAW WAQTIGA LAGUU QABTAY !!!** soo wac \_\_\_\_\_, hadii aad soo daahi ama aad u baahan tahay in  
(Taleefoonka No.)

aad balanta dib ugu dhigato ama aad qabto wax su'aalo ah.

Mahadsanid.

## Department of Radiology

### INFORMATION FOR PATIENTS SCHEDULED FOR OBSTETRICAL OR PELVIC ULTRASOUND (OVARIES, UTERUS, OTHER PELVIC STRUCTURES)

Ultrasound employs high-frequency sound waves to examine the internal structures of your body. It is similar to “SONAR” where sound waves allow ships to look at the ocean’s bottom. The examination is not painful. After more than 25 years of routine use, ultrasound has **not** been shown to cause harm to adults or unborn children.

To examine the pelvic organs, a full urinary bladder is necessary. Therefore, starting one hour prior to your appointment, drink at least four 8 oz. glasses of water. **DO NOT** empty your bladder before the examination begins.

#### REMEMBER:

1. Drink plenty of water.
2. Do not empty your bladder.
3. Please be on time.

Your examination is scheduled for:

\_\_\_\_\_ at \_\_\_\_\_ a.m./p.m.  
Date Time

**PLEASE BE ON TIME!!!** Call \_\_\_\_\_, if you are going to be  
(Phone No.)  
late or need to reschedule your appointment or have any questions. Thank you.