Facts About Cervical Cancer

- Cervical cancer is a common cancer and is preventable. It is 99% curable if discovered very early.
- A Pap smear is a simple test for cervical cancer. The doctor simply takes a sample of cells from the cervix and sends a slide to the laboratory.
- Pap tests are used to detect the disease and can save your life.
- A woman can have cancer without knowing it. A Pap test can tell you if your cervix is normal or not. If it is not normal, the earlier cancer is found, the easier it is to cure.
- Women can develop cervical cancer at any age. All women, healthy or not, rich or poor, are at risk of developing cervical cancer.
- One study showed that Chinese women in North America are twice as likely to get cervical cancer as their White counterparts.
- Many cervical cancers can occur in women who are post-menopausal and who are no longer sexually active.
- Herbal medicines and traditional health promotion practices can go hand in hand with Pap testing.

Questions and Answers

Question: *Where can I get a Pap test?*
Answer: You can get a Pap test from family or general practitioners, gynecologists, medical clinics or local health departments.

Question: *I have a male doctor and feel embarrassed about getting a Pap test from him.*
Answer: You can request a female doctor specifically for the Pap test. Your doctor can arrange that for you.

Question: *Would I feel pain and discomfort if I had a Pap test?*
Answer: You may feel pressure during Pap testing. However, Pap tests should not be painful and do not harm your cervix.

子宮頸癌

- 子宮頸癌是一種常見的癌症，但也可以預防，如果提早發現，99%可以治癒。
- 子宮頸抹片檢查是簡單易行，醫生從子宮頸底部取一些細胞樣品，然後送到實驗室檢查是否有子宮頸癌。
- 子宮頸抹片檢查是一種檢驗法，可以拯救您的生命。
- 患子宮頸癌的女性有可能毫無察覺。子宮頸抹片檢查可以檢查您的子宮頸是否正常。如果不正常，越早發現，越容易治好。
- 婦女在任何年齡都可能患上子宮頸癌。所有的女性，不管健康與否，也不論是貧是富，都有可能得子宮頸癌。
- 一項研究表明住在北美的中國女性得子宮頸癌的機會是白種女性的兩倍。
- 許多過了更年期，不再有性行為的女性也會患子宮頸癌。
- 草藥和傳統保健方法可以同子宮頸抹片檢查互補，它們並不互相排斥。

問與答

問：在哪裡可以做子宮頸抹片檢查？
答：家庭醫生、主治醫生、婦科專家、醫療診所及當地保健機構都可以做子宮頸抹片檢查。

問：我有個男醫生，我覺得讓他做子宮頸抹片檢查不好意思。
答：您可以特別要求女醫生做子宮頸抹片檢查。您的醫生可以為您安排。

問：做子宮頸抹片檢查是否會讓我覺得疼痛不安？
答：您可能會覺得有壓力，但子宮頸抹片檢查並不會讓您覺得疼，也不會傷害子宮頸。

子宮頸癌

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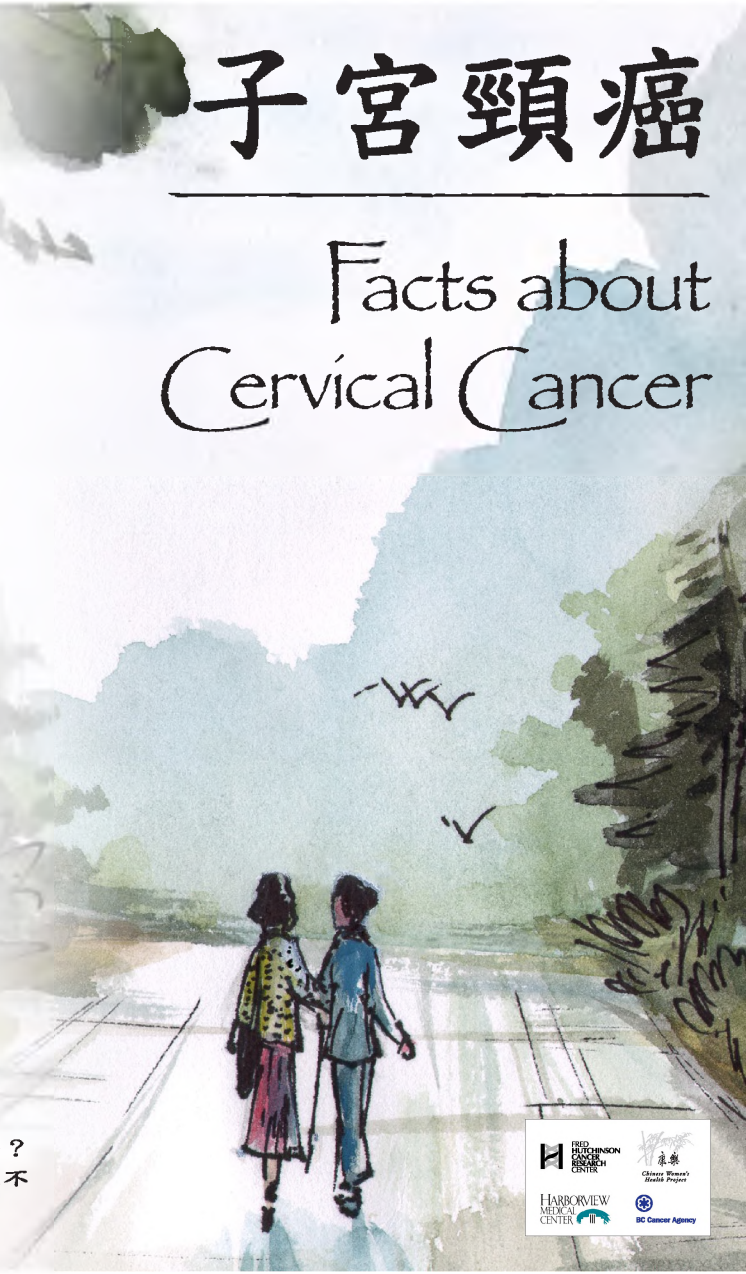

Fred Hutchinson Cancer Research Center
Chinese Women's Health Project
Harborview Medical Center
BC Cancer Agency