**Appendix:  The Physical and Psychological Sequelae in Adult Refugees Or Asylum Seekers Who Have Survived Torture**

Table 7: Studies looking at disability associated with psychiatric sequelae of torture.

| First Author | Year | Study Design | Sample Size | Study Population | Aims of Study | Main Findings | Limitations |
|---|---|---|---|---|---|---|---|
| ol, W ========= | 2007 | Cross-sectional survey | N =201 | - Help-seeking torture survivors in rural **Nepal** with ≥ 2 psych problems. **-** 80% male | - To look at the relationship between psych symptoms and disability of torture survivors. | - 59% had PTSD, 85% had anxiety, & 81% had depression. - The presence of comorbid PTSD and anxiety most significantly predicted disability among survivors. | - Non-random, self-selection of participants - Selection bias by researchers due to screening for ≥ 2 psych problems. - No control group |
| Mollica, RF ========= | 1999 | Cross-sectional survey | N =534 | - **Bosnian** refugees living in Croatia who experienced torture/trauma - 59% female | - To determine if certain risk factors and psych illness are related to disability in Bosnian refugees. | - 18% reported being tortured. - 39.2% and 20.6% met diagnostic criteria for depression and PTSD. - Those reporting comorbid depression and PTSD were at increased risk of disability. | - No separation of results from pts reporting trauma vs. torture. - Recall bias/ data gathered through self-report. - No control group. |
| Thapa, SB ========= | 2003 | Cross-sectional survey | N =810 | - A matched sample of tortured and non-tortured **Bhutanese** refugees living in Nepal. | - To assess the psychiatric disability in tortured vs. non-tortured Bhutanese refugees living in Nepal. | - 20% in both groups were found to be disabled. - In the tortured group, PTSD, phobias, and current phys illness influenced disability. - In the non-tortured group: current phy illness, old age, & GAD were assoc'd with disability | - Recall bias - Interviewers were not blinded as to who experienced torture or not. - the study under-represented disability, as 3% died before completing it, and others were too ill to finish. |