

Create Multimedia Maternal Child Health Education Resources for Refugee, Immigrant, and Migrant Patients

We seek to develop culturally and linguistically tailored multimedia education resources focused on maternal and child health during the critical first 1,000 days of childhood brain development from pregnancy to age 2.

Project Overview

This project aims to create a comprehensive suite of educational materials for young mothers that covers crucial topics, including:

- **Nutrition and Vitamins:** Essential dietary needs during pregnancy and early childhood.
- **Breastfeeding and Food Introduction:** Guidelines for breastfeeding and introducing solid foods.
- **Vaccinations:** The importance of vaccinations and the schedule of vaccinations during early childhood.
- **Other Key Recommendations:** Best practices for raising healthy children.

Key Focus Areas

This project will also emphasize understanding and addressing health disparities faced by refugee, immigrant, and migrant populations who do not speak English. Key activities will include:

- **Assessing Current Resources:** Identify what care and resources are available in the U.S. and pinpoint existing gaps for culturally diverse populations.
- **Designing Tailored Resources:** Create multimedia educational materials that accommodate different learning styles, literacy levels, and client preferences.
- **Cultural Deep Dives:** Each student will conduct in-depth research into an individual culture to understand traditional, cultural, and religious practices that impact early childhood development, ensuring these aspects are incorporated into the final educational resource.

About Us:

EthnoMed is a cultural bridge connecting healthcare providers and patients from refugee, immigrant, and migrant (RIM) backgrounds in King County.

Our team:

- Educates healthcare providers on clinical and cultural topics relevant to patient care.
- Provides patients with culturally and linguistically tailored health resources.
- Conducts community engagement, education, and outreach throughout Seattle and King County.
- Creates opportunities for students and medical residents to gain experience with diverse patient populations.

EthnoMed operates within Harborview Medical Center—the region's only Level 1 trauma center and home to the International Medicine Clinic, where patients speaking over 100 different languages receive care annually.



What We Offer

Impactful Experience:

Develop lasting health resources to improve health equity for immigrant and refugee communities.

Skill Development:

Gain hands-on experience in community engagement, health communication, multimedia content creation, web design, grant writing, and tropical medicine.

Networking:

Collaborate with providers, community-based organizations, state and local governments, experts in cross-cultural medicine, and Harborview Medical Center's Caseworker Cultural Mediators

Proposed Activities

- Conducting a needs assessment to evaluate existing resources and identify gaps in maternal and child health education for diverse populations.
- Designing multimedia education resources tailored to specific cultural and linguistic needs.
- Collaborating with community partners to gather feedback and refine materials.
- Developing recommendations for future programming and resource creation based on cultural insights.

Structure of Activities

- **Initial Planning and Research Phase**
- **Needs Assessment and Resource Benchmarking**
- **Resource Design and Development**
- **Feedback Collection and Refinement**
- **Final Presentation and Deliverables Submission**

Proposed Deliverables

- Multimedia maternal child health education resources (videos, brochures, interactive materials)
- Research summaries and cultural insights for specific populations
- Recommendations for addressing identified gaps in care and resources

Advisors/Mentors

- **Dr. Jean-Jacques Kayembe:** Interpreter Services Director, HMC
- **Dr. Duncan Reid:** Medical Director, EthnoMed, HMC
- **Martine Pierre Louis:** Director of Equity Diversity & Inclusion, HMC
- **Celine Barthelemy, Nityia Przewlocki:** EthnoMed Team

Potential Collaborators

- HMC Pediatric Clinic
- International Medicine Clinic
- WIC (Women, Infants, and Children)
- Public Health Seattle-King County Nurse-Family Partnership
- Community-based organizations serving RIM populations

Work Type

This project will be primarily remote but may require occasional in-person meetings at Harborview and in King County with community members.

How to Apply

Interested parties should contact [**EthnoMed@uw.edu**](mailto:EthnoMed@uw.edu) with:

- A current resume or CV
- A brief statement of interest
- Outline of the program requirements you aim to fulfill
- Open until filled

Explore More Opportunities

Visit our [**Collaborate Page**](#) for additional project opportunities.