



Conduct a Refugee, Immigrant and Migrant (RIM) Community Needs Assessment for Mental Health Resources

Are you interested in addressing mental health needs in diverse communities? EthnoMed is seeking an individual to lead a critical project focused on assessing mental health resource needs among Refugee, Immigrant, and Migrant (RIM) populations in King County.

Project Overview

EthnoMed has received numerous requests from community organizations and healthcare providers for mental health resources tailored to RIM populations. This project includes the following components:

- **Comprehensive Needs Assessment:** Identify and analyze the specific mental health needs of RIM populations, including barriers to care and effective resource formats.
- **Literature Review:** Review existing literature on mental health challenges and resource availability for RIM populations.
- **Interviews:** Conduct interviews with cultural experts, providers, and community members to gain insights into needs and preferences.
- **Benchmark Existing Resources:** Evaluate current resources available for priority cultures and languages.
- **Identify Barriers:** Explore culture-specific barriers to care such as healthcare coverage, stigma, and lack of in-language providers. Assess provider experiences with mental health issues unique to refugee populations, such as PTSD and generational trauma.

About Us:

EthnoMed is a cultural bridge connecting healthcare providers and patients from refugee, immigrant, and migrant (RIM) backgrounds in King County.

Our team:

- Educates healthcare providers on clinical and cultural topics relevant to patient care.
- Provides patients with culturally and linguistically tailored health resources.
- Conducts community engagement, education, and outreach throughout Seattle and King County.
- Creates opportunities for students and medical residents to gain experience with diverse patient populations.

EthnoMed operates within Harborview Medical Center—the region's only Level 1 trauma center and home to the International Medicine Clinic, where patients speaking over 100 different languages receive care annually.



What We Offer

Impactful Experience:

Develop lasting health resources to improve health equity for immigrant and refugee communities.

Skill Development:

Gain hands-on experience in community engagement, health communication, multimedia content creation, web design, grant writing, and tropical medicine.

Networking:

Collaborate with providers, community-based organizations, state and local governments, experts in cross-cultural medicine, and Harborview Medical Center's Caseworker Cultural Mediators

Proposed Activities

- **Literature Review:** Examine existing research and data on mental health needs and resource effectiveness for RIM populations.
- **Interviews:** Conduct interviews with cultural experts, healthcare providers, and community members to gather qualitative data on mental health needs and resource preferences.
- **Resource Benchmarking:** Analyze existing mental health resources available for priority cultures and languages.
- **Barrier Identification:** Investigate culture-specific barriers to mental health care and provider challenges.
- **Guidance and Recommendations:** Provide recommendations for focus areas and resource design based on findings.

Structure of Activities

- Initial Planning and Research Phase
- Literature Review and Benchmarking
- Interviews and Data Collection
- Analysis and Reporting
- Final Presentation and Deliverables Submission

Proposed Deliverables

- Comprehensive needs assessment report including literature review findings
- Summary of interviews with cultural experts, providers, and community members
- Recommendations for mental health resource focus areas and design
- Benchmarking report of existing resources for priority cultures and languages
- Analysis of barriers to mental health care and provider experiences

Advisors/Mentors

- **Dr. Jean-Jacques Kayembe:** Interpreter Services Director, HMC
- **Dr. Duncan Reid:** Medical Director, EthnoMed, HMC
- **Martine Pierre Louis:** Director of EDI, Harborview Medical Center (HMC)
- **Celine Barthelemy, Nityia Przewlocki:** EthnoMed Team
- **Community and Cultural Experts:** Local professionals and organizations specializing in mental health and refugee services

Potential Collaborators

- Community-Based Organizations
- Mental Health Providers and Specialists
- King County Public Health

Work Type

This project will be primarily remote but may require occasional in-person meetings at Harborview and in King County with community members.

How to Apply

Interested parties should contact [**EthnoMed@uw.edu**](mailto:EthnoMed@uw.edu) with:

- A current resume or CV
- A brief statement of interest
- Outline of the program requirements you aim to fulfill
- Open until filled

Explore More Opportunities

Visit our [**Collaborate Page**](#) for additional project opportunities.