

Ramadan Fasting Toolkit for Health Providers



Ramadan is a sacred month for Muslims worldwide, marked by fasting from dawn to sunset. During fasting hours, individuals abstain from food, water, and oral medications, which can present unique challenges for medication management and health care.

As healthcare providers, it's essential to collaborate with patients observing Ramadan to create personalized care plans that honor their spiritual commitments while prioritizing their safety and well-being. A respectful and culturally sensitive approach fosters trust and ensures better health outcomes.

**Harborview Medical Center
(HMC) Pharmacist VIDEOS-**
suggestions for health providers



Pharmacist Videos

**HMC Caseworker Cultural
Mediator- VIDEO: Fasting Terms
for Providers**



Ramadan Terms

**HMC Caseworker Cultural
Mediator- VIDEOS: Patient
education in English & Somali**



Diabetes Education for Ramadan

Health Provider Guidance PDFs



Provider Guidance PDFs